

ASSNCON 2023

Theme: "Spine Care in Nepal - Quality Improvement Initiatives"

HIMALAYAN SPINE SYMPOSIUM

9th ANNUAL SPINE CONFERENCE

24-25 NOV. 2023
HOTEL AKAMA, DHUMBARAHI, KATHMANDU



Association of Spine Surgeons of Nepal

ORGANIZING COMMITTEE

Organizing Chairperson : Dr. Binod Bijukachhe
Organizing Secretary : Prof. Dr. Suraj Bajracharya
Scientific Chairperson : Prof. Dr. Gaurav Raj Dhakal

PARTNER ASSOCIATION

Spinal Health International, USA

HIGHLIGHTS

Renowned International Faculties | Evidence based ICLs
Panel Discussions | Debates | Free and Award Papers
Poster Presentations | Opportunity to network with Faculties and Colleagues

For Registration: <https://forms.gle/yRoypkBx4wVqqT6m7>

EXECUTIVE COMMITTEE 2022 - 2024



Dr. Binod Bijukachhe
President



Dr. Bimal Kumar Pandey
Imm. Past President



Dr. Byapak Paudel
Vice-President



Prof. Dr. Suraj Bajracharya
General Secretary



Dr. Rajesh Kumar Chaudhary
Treasurer



Dr. Gyanendra Shah
Joint Secretary



Dr. Anup Pokhrel
Member



Dr. Deepak Kaucha
Member



Dr. Subash Chandra Jha
Member



Late. Dr. Sushil Shrestha
Member

EXECUTIVE COMMITTEE 2022 - 2024



Prof. Dr. Gaurav Raj Dhakal
Scientific Committee
Chairman



Dr. Aayush Shrestha
Scientific Committee
Member



Dr. Kuldeep Mangal Joshi
Scientific Committee
Member



Dr. Rajesh Pratap Shah
Scientific Committee
Member



Dr. Ram Krishna Dahal
Scientific Committee
Member



Dr. Sushil Paudel
Scientific Committee
Member

EXECUTIVE COMMITTEE 2022 - 2024



Dr. Prem Bahadur Shahi
Provincial Representative
Province 1



Dr. Ajay Kumar Yadav
Provincial Representative
Province 2



Dr. Bishnu Dev Sharma
Provincial Representative
Province 3



Dr. Pramod Baral
Provincial Representative
Province 4

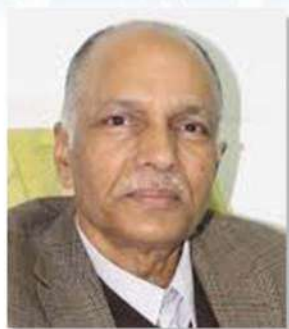


Dr. Prakash Thapa
Provincial Representative
Province 5 & 6



Dr. Gyanendra Joshi
Provincial Representative
Province 7

PATRONS & ADVISORS OF ASSN



Prof. L.L. Shah
National Patron



Prof. A.R. Bajracharya
National Patron



Prof. K. Abumi
International Patron



Dr. H.S. Chhabra
International Patron



Prof. Dr. Rohit Kumar Pokharel
Advisor



Prof. Dr. Ganesh Gurung
Advisor



Prof. Dr. Rabindra Lal Pradhan
Advisor



Dr. Bimal Kumar Pandey
Advisor

Message from the Organizing Chairman



With immense pleasure, I take this opportunity to welcome you all in 9th annual conference of Association of Spine Surgeons of Nepal (ASSN). Over the past years, care of the patients with spinal problems have taken a massive leap. This is contributed to the fact that more doctors have developed interest in the field of spine surgery. There are more to do. We hope that our annual conference will encourage and inspire spine surgeons to take challenges. It will help us to evaluate and perform complex surgeries meticulously. Therefore, our theme for the year is “Spine care in Nepal – Quality improving initiatives”.

I am also delighted to announce that, this year we are collaborating with Spinal Health International (USA). Hence, our conference is going to be more exciting with ample of academic bonanzas. I express my gratitude to Prof. Chester E. Sutterlin III (Chet) for his support and contribution. We will be having eminent international faculties having vast experiences in spine surgery and it is important for all of us not to miss a single opportunity. In addition, our own national experts will fill your brain with newer ideas and thoughts.

We expect our upcoming conference to be more organized than before. We will have selected guest lectures, ICLs and free papers. We will not overload sessions with boring lectures and presentations. Furthermore, we will make all the sessions enthusiastically interactive.

My sincere thanks to all the members of the organizing committee for their unwavering effort to accomplish success in our upcoming event.

I look forward to seeing you all.

Sincerely

Dr. Binod Bijukachhe

Organizing Chairman

Message from the General Secretary



Dear all faculties and delegates

Namaste and Welcome to our ASSNCON 2023

It is with pleasure and privileged as General Secretary of Association of Spine Surgeons of Nepal to invite you all for your gracious presence at our annual conference ASSNCON 2023 to be held on 24th-25th Nov 2023, at Hotel Akama, Dhumbarahi, Kathmandu. Every year we meet we share our knowledge, skills, newer advances, newer tips n tricks about spine surgery and spine academics, moreover we enjoy our friendship and our networking expanding our horizon of thinking on different aspects not only on rituals n practices in spine but with evidence based spine practice and research to impart our spine academics and spine surgery to those aspiring new surgeons and to needful suffering patients to provide service with best outcome. The platform of our conference gives us new energy new bonding and new views with refreshing our knowledge in different dimensions in spine care among our international and national faculties and delegates. We are all set to give you good hospitality, good foods and difference aspects of spine academics through organized and comprehensive scientific program along with interactive sessions. We are eagerly waiting you all to welcome at our academic feast to make it a grand success.

Prof. Dr. Suraj Bajracharya
General Secretary
ASSN

Message from the Scientific Committee Chair



Dear Colleagues and Faculties
Namaste!

The 9th Himalayan Spine Symposium and ASSNCON 2023 will witness an excellent academic extravaganza. This year we have renowned faculties from Canada, Australia, USA, Japan, Hungary, Singapore, Korea, China, India and Bangladesh. Also, we have individualized each session according to specific topics. I am sure that all participants will benefit from the scientific program we have put in. It will also be the perfect opportunity to connect with friends and faculties.

I would like to express my gratitude to the scientific committee members and organizing committee for their effort in making this program a huge success.

I welcome all to our annual conference and wish you a good time.

Prof. Dr Gaurav Raj Dhakal
Chair
Scientific Committee, ASSN

ORGANIZING COMMITTEE



Dr. Binod Bijukachhe
Organizing Chairman



Dr. Suraj Bajracharya
Organizing Secretary



Dr. Gaurav Raj Dhakal
Scientific Committee
Chair



Dr. Aayush Shrestha
Scientific Committee
Member



Dr. Kuldeep Mangal Joshi
Scientific Committee
Member



Dr. Rajesh Pratap Shah
Scientific Committee
Member



Dr. Ram Krishna Dahal
Scientific Committee
Member



Dr. Sushil Paudel
Scientific Committee
Member

ORGANIZING COMMITTEE



Dr. Rajesh Kumar Chaudhary
Finance Committee
Chair



Dr. Navin Kumar Singh
Finance Committee
Member



Dr. Prateek Karki
Finance Committee
Member



Dr. Rakesh Mandal
Finance Committee
Member



Dr. Suman Basel
Finance Committee
Member

ORGANIZING COMMITTEE



Dr. Gyanendra Shah
Souvenir Committee
Chair



Dr. Anup Pokhrel
Souvenir Committee
Member



Dr. Pramod Baral
Souvenir Committee
Member



Dr. Bikash Parajuli
Souvenir Committee
Member



Dr. Tashi Wangdi Lama
Souvenir Committee
Member

ORGANIZING COMMITTEE



Dr. Byapak Paudel
Hospitality Committee
Chair



Dr. Subash Chandra Jha
Hospitality Committee
Member



Dr. Deepak Kaucha
Hospitality Committee
Member



Dr. Krishna Kant Yadav
Hospitality Committee
Member



Dr. Arjun Dumre
Hospitality Committee
Member



Dr. Nischal Ghimire
Hospitality Committee
Member



Dr. Devendra Singh Bhat
Hospitality Committee
Member



Dr. Sandeep Kumar Yadav
Hospitality Committee
Member



Dr. Utsab Shrestha
Hospitality Committee
Member

KEYNOTE SPEAKER



Dr. John M Small, MD
USA

Keynote Speech: Lessons Learned from 25 Years of Spinal Deformity Correction

Dr. Small is an Associate professor in University of South Florida, Department of Orthopedic surgery and Sports Medicine. He has completed his spine fellowship from Kerlan Jobe Orthopedic Clinic (California) in the year 1996 after completing his residency in Orthopaedic Surgery from the university of Texas, Southwestern Medical center in 1995. He is an eminent Orthopedic Spine Surgeon and has been named the best doctor in USA since 2005 through 2019. There are ample of research work publications to his credit. His vast experience in Adult Spinal Deformity has contributed a lot in development of noble corrective techniques . In addition, he is one of the experts in revision surgery and degenerative conditions in thoracolumbar and cervical spine.

INVITED INTERNATIONAL FACULTY



Dr. Saumyajit Basu
President
Association of Spine Surgeons of India
(ASSI)



Dr. Md. Shah Alam
President
Bangladesh Spine Society
(BSS)



Dr. Md. Anowarul Islam
Bangladesh



Dr. Ayush Sharma
India



Dr. Brian Hsu
Australia



Dr. Christopher John Gerber
India



Dr. Gururaj
India



Dr. Jitesh Manghwani
India

INVITED INTERNATIONAL FACULTY



Dr. John Chen
Singapore



Dr. K Venugopal Menon
India



Dr. Kiran Kumar. T
India



Dr. Manoj Phalak
India



Dr. Márton Rónai
Hungary



Dr. Naresh Kumar
Singapore



Dr. Ou Yang Youheng
Singapore



Dr. Pramod Vasant Lokhande
India



Dr. Ranjith Unnikrishnan
India

INVITED INTERNATIONAL FACULTY



Dr. Rohan Gala
India



Dr. Saikat Sarkar
India



Dr. Si Young Park
Korea



Dr. SreeRamalingam R.
India



Dr. Sri Krishna Chaitanya
India



Dr. Tarun Suri
India



Dr. Umesh Srikantha
India



Dr. Vikas Tandon
India



Dr. Yoshiharu Kawaguchi
Japan



Abstract Submission Guidelines

The organizing committee cordially invites abstracts on relevant spine related topics for oral presentations and Posters for its upcoming 9th ASSN annual conference to be held during 24th & 25th November, 2023. All the abstracts must be submitted via “online submission system”. All the abstracts will be reviewed by the scientific program committee and selected for the participation. All the required fields must be completely filled with relevant information. Any incorrect information will be dropped from the abstract evaluation.

Abstract must be sent in English language.

Abstract must not exceed 400 words and must be structured into Introduction, Material and methods, Results and Conclusion.

Confirmation of receipt of abstract will be sent via email.

Once the abstract is accepted by the committee, the presenter must register within the given time, otherwise the abstract will be dropped off from the process.

Important dates

Abstract Submission starts on 1st July 2023

Extended Abstract Submission Deadline: 30th October 2023

Guidelines for PowerPoint presentations

- Oral presentation is in English language only.
- PowerPoint must be prepared with slide ratio of 16:9
- Slides must be uploaded in conference computers at least 2 hours prior to presentation.
- No personal laptops will be allowed for presentation.
- Instructional course lectures (ICLs) and Invited Guest Lectures (IGLs) are given 10 minutes for presentation.
- Free papers are given 5 minutes for presentation.

SCIENTIFIC PROGRAM

Program Schedule of ASSNCON 2023

24th November 2023 | Friday | Day 1

7:00 Registration

Session I: Free Papers (6 X 5 mins)

Chairs: Dr. Christopher Gerber and Dr. Sreeramalingam

Session Coordinator: Dr. Ram Krishna Dahal

Time	Topics	Speaker / Presenter	Panelists / Remarks
08:00 - 08:05	Surgery For Cervical Ossification of Posterior Longitudinal Ligament (OPLL) via Open-Door Laminoplasty	Dr. Aayush Shrestha	FP101
08:05 - 08:10	Long-term results after surgery for degenerative cervical myelopathy	Dr. Øystein P. Nygaard	FP102
08:10 - 08:15	Ankylosing spondylitis associated traumatic cervical spine fractures	Dr. Hege Linnerud	FP103
08:15 - 08:20	Cervical Spine Injury in Overhead heavy weight Lifting: Our observation in Tertiary Level Trauma Hospitals in Bangladesh	Dr. Jhuton Chandra Banik	FP104
08:20 - 08:25	Finned Standalone Cervical Fusion Cages have higher subsidence rates and less lordotic restoration at 1 year compared to Screw and Cage Standalone Cervical Fusion Cages	Dr. Cassie Yang	FP105
08:25 - 08:30	Outcome of short-segment pedicle screw fixation incorporating fracture vertebrae in TL spine injury: our observation in Bangladesh Spine and Orthopedic Hospital	Dr. Md. Ziaul Hasan	FP106
08:30 - 08:40	Q&A		

Session II: Degenerative Lumbar Spine

Chairs: Dr. Binod Bijukachhe and Dr. K.V. Menon

Session Coordinator: Dr. Ram Krishna Dahal

Time	Topics	Speaker / Presenter	Panelists / Remarks
08:40 - 08:50	Significance of Modic Changes: does it alter treatment strategies	Dr. Sreeramalingam	
08:50 - 09:00	Achieving segmental lordosis with TLIF: is it possible	Dr. Kiran Kumar	
09:00 - 09:10	Degenerative L4L5 listhesis with stenosis: MISS Tubular decompression and TLIF is the best procedure	Dr. Umesh Srikantha	Debate
09:10 - 09:20	Degenerative L4L5 listhesis with stenosis: Endoscopic decompression and Endo TLIF is the best procedure	Dr. Pramod Lokhande	Debate
09:20 - 09:30	Should all low grade listhesis with spinal stenosis undergo instrumented/ interbody fusion: the evidence	Dr. John Chen	
09:30 - 09:40	Q&A		

SCIENTIFIC PROGRAM

Session III: Spondylolisthesis and Adult Spinal Deformity

Chairs: Dr. Rabindra Lal Pradhan and Dr. Vikas Tandon

Session Coordinator: Dr. Ram Krishna Dahal

Time	Topics	Speaker / Presenter	Panelists / Remarks
09:40 - 09:50	High Grade Listhesis: Complete or Partial Reduction	Dr. Gururaj	
09:50 - 10:00	High Grade Listhesis: how I do it	Dr. K. V. Menon	
10:00 - 10:10	Patient optimization and minimizing complications in ASD	Dr. Ou Yang	
10:10 - 10:20	Achieving sagittal balance in ASD: surgical considerations	Dr. Marton Ronai	
10:20 - 10:30	Cervico-thoracic deformity correction: technical considerations	Dr. John M. Small	
10:30 - 10:40	Ponte's to three column osteotomies in ASD: how do I decide	Dr. John Chen	
10:40 - 10:50	Spine or Hip: which to fix first Spinopelvic relationships	Dr. John M. Small	
10:50 - 11:00	Q&A		

11:00-11:10 BREAK

Session IV : Case Discussion/Panel Discussion

Time	Topics	Speaker / Presenter	Panelists / Remarks
11:10 - 11:30 (20 mins)	Adult Spinal Deformity (Panel Discussion)	Dr. Ou Yang	John M. Small, Ronai Marton, John Chen, Gururaj, Prakash Sitoula, Prashant Adhikari

Session V: Degenerative Cervical Spine

Chairs: Dr. Babu Kaji Shrestha and Dr. Pramod Lokhande

Session Coordinator: Dr. Ram Krishna Dahal

Time	Topics	Speaker / Presenter	Panelists / Remarks
11:30 - 11:40	Current concepts in Degenerative Cervical Myelopathy	Dr. Ayush Sharma	
11:40 - 11:50	OPLL: Anterior OR Posterior surgery	Dr. Yoshiharu Kawaguchi	
11:50 - 12:00	Cervical Disc Replacement: is it the new gold standard	Dr. Christopher Gerber	
12:00 - 12:10	Endoscopic Cervical Discectomy: technical consideration & video demonstration	Dr. Si Young Park	Video demonstration
12:10 - 12:20	Managing Dural Tears and CSF leaks in cervical spine surgeries	Dr. Manoj Phalak	
12:20 - 12:30	Q&A		

SCIENTIFIC PROGRAM

Session VI: Presidential Talk & Future Paradigm

Chairs: Dr. Ganesh Gurung and Dr. Bimal Pandey

Session Coordinator: Dr. Ram Krishna Dahal

Time	Topics	Speaker
12:30 - 12:40	Management Strategies of Spinal Tuberculosis	Dr. Binod Bijukachhe President, Association of Spine Surgeons of Nepal
12:40 - 12:50	Will Titanium Implants be Replaced: future paradigm	Dr. Naresh Kumar
12:50 - 13:00	Q&A	
13:00-14:00	LUNCH BREAK	

Session VII: Free Papers (5 X 5 min)

Chairs: Dr. Brian Hsu and Dr. Kiran Kumar T

Session Coordinator: Dr. Suman Basel

Time	Topics	Speaker / Presenter	Panelists / Remarks
14:00 - 14:05	A Radiological Parametric Comparison of Low-Grade Lytic Spondylolisthesis to Degenerative Spondylolisthesis: A Retrospective Approach to Establish its Dysplastic Origin	Dr. Aayush Aryal	FP107 Award Paper
14:05 - 14:10	Surgical Management of Pediatrics Spinal Tuberculosis and Its Outcome: Experience of 7 Years at Tertiary Care Centre	Dr. Deepak Kaucha	FP108 Award Paper
14:10 - 14:15	Clinico-radiological outcome of surgical treatment of cervicothoracic junction tuberculosis: a 10-year retrospective study	Dr. Tej Prakash Dawadi	FP109 Award Paper
14:15 - 14:20	Indirect Decompression Using Posterior Fixation with Intrabody Transpedicular Cage Insertion in Kummell's Lesion	Dr. Kaushik Simha Haravu Ramprasad	FP110 Award Paper
14:20 - 14:25	Impact of the number of previous operations on patient-reported outcome after surgery for lumbar spinal stenosis or lumbar disc herniation. A population-based cohort study from the Norwegian Registry for Spine Surgery	Dr. Tore K Solberg	FP111
14:25 - 14:35	Q&A		

SCIENTIFIC PROGRAM

Session VIII: Osteoporosis and Infection

Chairs: Dr. Krishna Paudel and Dr. Naresh Kumar

Session Coordinator: Dr. Suman Basel

Time	Topics	Speaker / Presenter	Panelists / Remarks
14:35 - 14:45	Augmentation & Stabilization techniques in Osteoporotic Vertebral Compression Fractures (OFC)	Dr. Saikat Sarkar	
14:45 - 14:55	Minimizing Surgical Site Infection	Dr. Brian Hsu	
14:55 - 15:05	Middle path regime in Spinal tuberculosis: is it still relevant	Dr. Md. Anowarul Islam	
15:05 - 15:10	Q&A		
15:10 - 15:30 (20 mins)	Panel Discussion (Infection)	Dr. Aayush Shrestha	Brian Hsu, K.V. Menon, Tarun Suri, Rohan Gala, Nirajan Subedi, Suman Basel
15:30 - 15:40	The Murry Foundation Private Limited Sponsor Talk		
15:40 - 15:45	BREAK		

Session IX: Endoscopy and Minimally Invasive Spine Surgery

Chairs: Dr. Abhay Yadav and Dr. Yoshiharu Kawaguchi

Session Coordinator: Dr. Suman Basel

Time	Topics	Speaker / Presenter	Panelists / Remarks
15:45 - 15:55	Setting up an Endoscopic Spine Practice: requirements and learning curve	Dr. Byapak Paudel	
15:55 - 16:05	Uniportal Vs Biportal Spine Endoscopy: indication and scope	Dr. Si Young Park	
16:05 - 16:15	Transforaminal Vs Interlaminar: indications and scope	Dr. Ayush Sharma	
16:15 - 16:25	Endoscopic lumbar spinal decompression: technical considerations and video	Dr. Pramod Lokhande	Video demonstration
16:25 - 16:35	OLIF: indications and video	Dr. Umesh Srikantha	Video demonstration
16:35 - 16:45	Q&A		

SCIENTIFIC PROGRAM

Session X: Leadership & Technology

Chairs: Dr. Suraj Bajracharya and Dr. Umesh Srikantha

Session Coordinator: Dr. Suman Basel

Time	Topics	Speaker / Presenter	Panelists / Remarks
16:45 - 16:55	Leadership Skills for a Spine Surgeon: a necessity	Dr. K. V. Menon	
16:55 - 17:05	AI in Spine: today, tomorrow	Dr. Sanjeev Uprety	
17:05 - 17:15	Q&A		

Session XI: Inauguration Program

Time: 18:00

MC: Dr. Anup Pokhrel

10 mins	Welcome Address	Dr. Binod Bijukachhe, President, ASSN
5 mins	ASSN-ASSI Collaborative Address	Dr. Saumyajit Basu, President, ASSI
5 mins	ASSN-BSS Collaborative Address	Prof. Dr. Md. Shah Alam, President, BSS
5 mins	Introduction of Keynote Speaker	Dr. Binod Bijukachhe, President, ASSN
15 mins	Keynote Address Lessons Learned From 25 years of Spinal Deformity Correction	Dr. John M. Small
10 mins	ASSN Calendar 2023-2024	Prof. Dr. Gaurav Raj Dhakal Scientific Chair, ASSN
5 mins	Preview ASSNCON24	Dr. Prem Shahi Koshi Provincial Representative, ASSN
10 mins	Vote of Thanks	Prof. Dr. Suraj Bajracharya, General Secretary, ASSN

CONFERENCE DINNER

SCIENTIFIC PROGRAM

25th November 2023 | Saturday | Day 2

Session XII: Free Papers (5 X 5 mins)

Chairs: Dr. Chaitanya Sri Krishna and Dr. Ayush Sharma

Session Coordinator: Dr. Deepak Kaucha

Time	Topics	Speaker / Presenter	Panelists / Remarks
09:00 - 09:05	Changing Trends in Surgical Management of Pediatric Scoliosis: 15 years' experience	Dr. Rajesh Kumar Chaudhary	FP112
09:05 - 09:10	Is it rational to practice empirical ATT in all cases of suspected spinal tuberculosis	Dr. Ram Krishna Dahal	FP113
09:10 - 09:15	AI-based 3D Modelling and Reconstruction of Vertebra shape from Biplanar X-rays	Mahesh Shakya	FP114
09:15 - 09:20	Structural Allograft and Synthetic Interbody Cages have similar outcomes after at least 1 year in Multilevel Anterior Cervical Fusion	Dr. Ngoh Xian Jun	FP115
09:20 - 09:25	Complications in lumbar spine Surgery	Dr. Bishnu Babu Thapa	FP116
09:25 - 09:35	Q&A		

Session XIII 'A': Pediatric Deformity

Chairs: Dr. Bishnu Babu Thapa and Dr. Md. Shah Alam

Session Coordinator: Dr. Deepak Kaucha

Time	Topics	Speaker / Presenter	Panelists / Remarks
09:35 - 09:45	Pediatric Kyphosis: the challenges	Dr. Saumyajit Basu	
09:45 - 09:55	Casting in Early Onset Scoliosis: start and end points	Dr. Tarun Suri	
09:55 - 10:05	Halo-gravity traction in rigid & severe spinal deformities: why it should be considered	Dr. Saumyajit Basu	
10:05 - 10:15	Growing Rods Vs MAGEC Rods Vs Shilla Procedure: choosing the right construct	Dr. Brian Hsu	
10:15 - 10:25	Anterior surgery in AIS: when to consider	Dr. Ranjith Unnikrishnan	
10:25 - 10:35	Q&A		

SCIENTIFIC PROGRAM

Session XIII 'B': Deformity

Chairs: Dr. Byapak Paudel and Dr. Saumyajit Basu

Session Coordinator: Dr. Deepak Kaucha

Time	Topics	Speaker / Presenter	Panelists / Remarks
10:35 - 10:45	Lenke Classification: what doesn't it explain	Dr. K. V. Menon	
10:45 - 10:55	Selective Fusion: dos and don'ts	Dr. Ranjith Unnikrishnan	
10:55 - 11:05	Achieving shoulder balance: selecting the UIV level	Dr. Sri Krishna Chaitanya	
11:05 - 11:15	Ilio-pelvic fixation in pediatric deformities: when to consider	Dr. Tarun Suri	
11:15 - 11:25	Post-tubercular kyphotic deformity correction	Dr. Md. Shah Alam	
11:25 - 11:35	Q&A		
11:35 - 11:50	BREAK		

Session XIV: Spinal Tumors

Chairs: Dr. John Chen and Dr. Rohan Gala

Session Coordinator: Dr. Deepak Kaucha

Time	Topics	Speaker / Presenter	Panelists / Remarks
11:50 - 12:00	Should surgery be denied based on life expectancy in metastasis	Dr. Ou Yang	
12:00 - 12:10	Separation surgery in spinal metastasis	Dr. Naresh Kumar	
12:10 - 12:20	Bone cement in spine tumors: Hungarian experience	Dr. Marton Ronai	
12:20 - 12:30	Precision Radiotherapy in Spine Tumors	Dr. Ambuj Karn	
12:30 - 12:40	Q&A		
12:40 - 13:00 (20 mins)	Panel Discussion (Spinal Tumor)	Dr. Ram Krishna Dahal	Ou Yang, Naresh Kumar, Marton Ronai, Ambuj Karn, Ram Krishna Barakoti, Jitendra Thakur
13:00-14:00	LUNCH BREAK		

SCIENTIFIC PROGRAM

Session XV: Spine Injuries

Chairs: Dr. Gaurav Raj Dhakal and Dr. Tarun Suri

Session Coordinator: Dr. Aayush Shrestha

Time	Topics	Speaker / Presenter	Panelists / Remarks
14:00 - 14:10	Timing of surgery in Central Cord Syndrome	Dr. Vikas Tandon	
14:10 - 14:20	C1C2 Goel and Harms fixation: technical considerations	Dr. Manoj Phalak	Video demonstration
14:20 - 14:30	MRI in Cervical Spine Injury: Is it mandatory	Dr. Rohan Gala	
14:30-14:35	Q&A		
The Great Himalayan Spine Debate			Sagarmatha Debate
14:35 - 14:43	Bilateral Cervical Facet Dislocation: Anterior surgery is best	Dr. Deepak Kaucha	Debate
14:43 - 14:51	Bilateral Cervical Facet Dislocation: Posterior surgery is best	Dr. Prem Shahi	Debate
14:51 - 15:00	Remarks with Debate Verdict		

Session XVI: Spine Injuries

Chairs: Dr. Ram Krishna Barakoti and Dr. Ranjith Unnikrishnan

Session Coordinator: Dr. Aayush Shrestha

Time	Topics	Speaker / Presenter	Panelists / Remarks
15:00 - 15:10	Anterior column reconstruction in TL fractures	Dr. Dipak Shrestha	
15:10 - 15:20	Post-traumatic spinal deformity: clinical significance and surgical options	Dr. Vikas Tandon	
15:20 - 15:30	Spine Injury Rehabilitation: what's different in Nepal from North America	Dr. Raju Dhakal	
15:30 - 15:35	Q&A		
The Great Himalayan Spine Debate			Lhotse Debate
15:35 - 15:43	AO A4 TL fracture with ASIA E Neurology Pro-Conservative Treatment	Dr. Pramod Baral	Debate
15:43- 15:51	AO A4 TL fracture with ASIA E Neurology Pro-Posterior Construct	Dr. Prateek Karki	Debate

SCIENTIFIC PROGRAM

15:51 - 15:59	AO A4 TL fracture with ASIA E Neurology Pro - 360 degree stabilization	Dr. Bishnu Dev Sharma	Debate
15:59 - 16:05	Remarks and Debate Verdict		
16:05 - 16:25 (20 mins)	Panel Discussion (Spine Injury)	Dr. Rajesh Chaudhary	Dipak Shrestha, Vikas Tandon, Prakash Thapa, Gyanendra Joshi, Ajay Yadav, Sandip Kumar Yadav
16:25-16:30	TIME OUT		
<p>Session XVII: Complications Chairs: Dr. Prakash Sitoula and Dr. John M. Small Session Coordinator: Dr. Aayush Shrestha</p>			
Time	Topics	Speaker / Presenter	Panelists / Remarks
16:30 - 16:40	Patient counselling, breaking the bad news and informed consent: My practice	Dr. Bimal Pandey	
16:40 - 16:50	Robotics and Navigation: marketing tools OR savior	Dr. Jitesh Manghwani	
16:50 - 17:00	Loss of Neuromonitoring signals: don't panic, follow protocol	Dr. Sreeramalingam	
17:00 - 17:10	My worst complication in Cervical Spine Surgery	Dr. Yoshiharu Kawaguchi	
17:10 - 17:20	My worst complication in Deformity/ Degenerative Surgery	Dr. Ou Yang	
17:20 - 17:30	Q&A		
<p>17:30: Closure General Body Meeting (ASSN Members Only)</p>			

The ASSN Awards 2023

- The Ganga-Pashupati **Best Paper Presentation Award** for the year 2023 will be announced during the conference. This award has been established with a grant from Prof. Dr. Rohit Pokhrel, Founding President, Association of Spine Surgeons of Nepal.
- The Lal Bahadur Gurung & Ratna Maya Gurung Memorial **Best Paper Publication Award** for the year 2023. This award has been established with a grant from Prof. Dr. Ganesh Bahadur Gurung, Past President, Association of Spine Surgeons of Nepal.
- The **Great Himalayan Spine Debate (Sagarmatha and Lhotse Debates)** winner will be judged from the two debate sessions: Bilateral cervical facet dislocation and AO A4 TL fracture with ASIA E Neurology.
- The **ASSN Best E-poster Award** will be announced during the conference.



FEE STRUCTURE

Category	Early Bird Registration (1 st Mar, 2023 till 30 th Jun, 2023)	Late Registration (1 st July 2023 till 15 th Nov 2023)	After 15 th Nov, 2023 and Spot Registration
Residents/Fellows/ Paramedics	NPR 8,000	NPR 10,000	12,000
Surgeons (Members)	NPR 10,000	NPR 12,000	14,000
Surgeons (Non-Members)	NPR 12,000	NPR 14,000	16,000
Foreign Delegates	USD 100	USD 125	USD 150

BANK DETAILS FOR PAYMENT

A/C Name : Association of Spine Surgeons of Nepal

Bank Address : Siddhartha Bank, Kantipath Branch | A/C Number : 03315026180 | Swift Code : SIDDNPKA

It is encouraged to
register before
15th November 2023
midnight
for the better preparation
of the conference

Extended
Abstract Submission
Deadline
30th October 2023

For further details
please visit:
www.spineneal.org.np

Abstract Submission link:

<https://docs.google.com/forms/d/e/1FAIpQLSehMu8Cl6pO27aYae38satUr1pOFFtRIZYUDnEcF9F6cOGWUQ/viewform>

HIGHLIGHTS

Renowned International Faculties | Evidence based ICLs
Panel Discussions | Debates | Free and Award Papers
Poster Presentations | Opportunity to network with Faculties and Colleagues

For Registration: <https://forms.gle/yRoypkBx4wVqqT6m7>

ACCOMODATION

With Code "ASSNCON2023" any delegate attending the conference who wants directly to book accommodation for dates will avail benefits of same rate.

* Valid for the month of November 2023 only*

ROOM TARIFF INCLUSIVE OF BREAKFAST & 2 WAY AIRPORT TRANSFER

upon receiving full arrival departure flight details.

Superior Single: NPR.7500 Net per room per night

Superior Double: NPR.8500 Net per room per night

The above rates include the following:

- Airport transfer to and from Airport for only international flights
- Welcome Drink on Arrival
- Accommodation for a Night
- Two Bottles of purified (drinking) water in the room
- Tea/Coffee Maker in the room
- Bath Amenities
- Iron & Ironing Board
- 43" LED Smart TV, Slipper, Hair Dryer in each Room
- Wi-Fi/ Internet in the Room (Basic)
- In-Room Safe

Registration
of the conference
is mandatory
to avail this
benefits.



Akama Hotel Ltd.

Dhumbarahi, Kathmandu, Nepal

ROOM RESERVATIONS:

Telephone: +977-1-4377298, Email: reservation@hotelakama.com

HOTEL INQUIRIES

Telephone: +977-1-4377298, Email: info@hotelakama.com



ASSN - APSS Basic Spine Course

**A two-day intensive postgraduate learning course
for Orthopedic Residents**

DATE : 26-27 January 2024

VENUE: Tribhuvan University Teaching Hospital,
Kathmandu, Nepal

REGISTRATION FEE:

Residents/Fellows - NPR 2000

Surgeons - NPR 5000

BANK DETAILS FOR DEPOSIT:

A/C Name: Association of Spine Surgeons of Nepal

Bank Name: Siddhartha Bank Ltd.,
Kantipath Branch, Kathmandu

A/C No.: 03315026180

**REGISTRATIONS
OPEN:
1st December 2023**

**MAX 30
REGISTRATIONS**

ORGANIZING COMMITTEE

Organizing Chairman: Dr. Binod Bijukachhe

Organizing Secretary: Prof. Dr. Suraj Bajracharya

Scientific Chair: Prof. Dr. Gaurav Raj Dhakal

CONTACT PERSONS

Dr. Nischal Ghimire: 9852063898

Dr. Deepak Kaucha: 9849034073



ORGANIZED BY
Association of
Spine Surgeons of Nepal
(ASSN)
www.spinenepal.org.np



HOSTED BY
The Spine Unit
Department of Orthopedic Surgery
Tribhuvan University Teaching Hospital
www.tuth.org.np

**BOOK
YOUR DATE**

ASSNCON 2024



Association of Spine Surgeons of Nepal

HIMALAYAN SPINE SYMPOSIUM

**10th ANNUAL
SPINE CONFERENCE**

**15-16 NOV. 2024
KOSHI PROVINCE, NEPAL**

ORGANIZING COMMITTEE

Organizing Chairperson
Dr. Binod Bijukachhe

Organizing Secretary
Prof. Dr. Suraj Bajracharya

Scientific Chairperson
Prof. Dr. Gaurav Raj Dhakal

Koshi Provincial Representative
Dr. Prem Shahi

For further details please visit: www.spinenepal.org.np